



Danielle P. Carron is the CEO and founder of Integrative Psychotherapy and Nutrition Counseling. She is a Licensed Professional Counselor (LPC) who holds a Master's Degree in Contemplative Psychotherapy as well as a Masters of Science in Holistic Nutrition. She specializes in providing body centered trauma therapy by combining her training in Somatic Experiencing, Internal Family Systems, Spirituality, Neuroscience, Attachment and Nutrition. Danielle uses her integrative training to help people heal from all types of Trauma, Injuries and Accidents, Phobias, Anxiety, Addictions, Eating Disorders, Body Image issues, and Boundary Ruptures. Danielle's work focuses on placing a demand on each individual's resiliency to heal from any trauma as well as guiding people to connect to their true self so that they can live and lead their lives

from there. She teaches an integrative model called Somatic Resolution and Internal Attachment to other clinicians in Colorado. Danielle brings over 12 years of experience of working in the fields of mental health and nutrition. Colorado Access Medicaid has recognized Integrative Psychotherapy and Nutrition Counseling for providing a unique service to the community.

Education

- M.A. in Contemplative Psychotherapy from Naropa University, Boulder CO, (8/05 – 5/08).
- M.S. in Holistic Nutrition from Clayton College of Natural Health, Birmingham, AL, (3/02 – 2/06).
- B.A. in Psychology from SUNY Stony Brook, Stony Brook, NY, (9/99 – 5/01)
- Physical Therapy Major, University of Maryland at Baltimore County, Baltimore, MD, (9/97 – 5/99)

License

- Licensed Professional Counselors (LPC) in the state of Colorado are regulated by the Colorado Department of Regulatory Agencies. License #5735.

Certifications

- Completed the 216+ hours of training to become a **Certified Somatic Experiencing Practitioner (SEP)** from the Somatic Experiencing Trauma Institute, <http://www.traumahealing.com/>, (11/07 – 11/09).

Trainings

- Internal Family Systems and Spirituality - Taught by Richard Schwartz, PhD, and Loch Kelly, Italy, 2017

- Internal Family Systems Level II: IFS, Trauma, and Neuroscience – Taught by Richard Schwartz, PhD, and Frank Anderson, MD, 2016
- Internal Family Systems Level I – Taught by Paul Ginter, EdD, and Rina Dubin, EdD, 2015
- Internal Family Systems Model – Day workshop by Richard C. Schwartz, PhD, 2014
- The Right Use of Power - taught by Cedar Barstow, 2014
- Functional Neurology for Mental Health Professionals (104 hours) – taught by Paul Thomas at Know the Brain, 2012
- Eating Disorders and Somatic Experiencing: Ending the Battle with the Body - taught by Ann Kreindler-Siegel, LCSW, SEP
- Healing Attachment Wounds - taught by Diane Poole Heller, SEP, PhD. <http://www.drdianepooleheller.com/>.
- Sexual Trauma - taught by Diane Poole Heller, SEP, PhD.
- Character Structure: From Trauma to Transformation - taught by Diane Poole Heller, SEP, PhD.
- The Work of Byron Katie Workshops – taught by Byron Katie, 2003
<http://www.thework.com/index.php>.

Somatic Experiencing Training Assistant

- Beginning Level with Berns Galloway, Denver, CO (7/11 - 5/12)
- Beginning Level with Dave Berger, Boulder, CO (8/09)

Work Experience

- Teacher and developer of Somatic Resolution and Internal Attachment training, Wheat Ridge, CO (2016)
- Professor at Naropa University, Undergraduate Psychology Students, Boulder, CO (2016)
- Integrative Psychotherapy and Nutrition Counseling, Private Practice and Group Practice, Denver, CO (7/08 – Present)
- Denver Department of Human Services, Contract Trauma Therapist, Denver, CO (5/12 - Present)
- Naropa University, Teaching Assistant for Graduate Psychology Students, Boulder, CO (8/11 - 12/11)
- Raleigh House of Hope, Contract Trauma Therapist, Denver, CO (11/10 – 8/11)
- Mental Health Center of Boulder and Broomfield County, Mental Health Worker, Boulder, CO (5/06 – 5/11)