

Eileen Fisher is a licensed professional counselor (LPC) who holds a master's degree in Contemplative Psychotherapy from Naropa University. She has experience working with trauma, grief and loss, gender and sexuality identity, addiction, depression, and anxiety. Eileen blends trauma informed care with mindfulness, body-awareness based approaches, Somatic Experiencing®, and Dialectic Behavior Therapy (DBT). Eileen has 8 years of experience in a variety of therapeutic settings working with individuals and groups in the mental health field.

Education:

- M.A. in Contemplative Psychotherapy from Naropa University, Boulder, CO (8/09-5/12)
- B.A. in Psychology from Hamilton College, Clinton, NY (8/03-5/07)

Affiliations:

- American Group Psychotherapy Association

Licenses:

- Licensed Professional Counselor (LPC) in the state of Colorado are regulated by the Colorado Department of Regulatory Agencies. License # 0013011

Trainings:

- Somatic Experiencing Professional Training, Intermediate Level Participant, 2016, Golden, CO
- Dialectical Behavioral Therapy Training (Noeticus Counseling Center, 2014)
- American Group Psychotherapy Association Annual Meetings (2010, 2011)
- Motivational Interviewing Training (Focus Re-entry, 2010)

Work & Volunteer Experience:

- Eileen A. Fisher Psychotherapy, Boulder, CO, (Private Practice, 2016)
- School of Lost Borders, Assistant Guide, Big Pine, CA (2015, 2016)
- Colorado Recovery, Residential Counselor, Boulder, CO (2012- 2016)
- Naropa University, Teaching Assistant for Graduate Psychology Students, Boulder, CO (2014, 2015)
- Windhorse Community Services, Boulder, CO (2012)
- AIM House, mentor, Boulder, CO (2012-2013)
- Colorado Aids Project, Counseling Intern, Denver, CO (2011-2012)
- Focus Re-Entry, mentor, Boulder CO (2010)
- IMAGINE, Recreation Therapy Instructor, Lafayette, CO (2010-2011)
- Outback Therapeutic Expeditions, Field Instructor, Lehigh, UT (2007-2008)