



Erica Cohen is a Licensed Professional Counselor (LPC) who holds a Master's Degree in Transpersonal Counseling Psychology from Naropa University. Erica specializes in working with trauma, disordered eating and body image issues. She combines her training in Somatic Experiencing, Dialectical Behavioral Therapy, and Acceptance and Commitment Therapy. Erica brings over 8 years of experience working with groups and in one on one therapeutic relationships within hospital, group-home, school and private practice settings.

#### Education:

- Master's Degree in Transpersonal Counseling Psychology from Naropa University, Boulder, CO (08/09-05/12)
- Bachelor of Arts Degree in Psychology from University of Colorado at Denver, Denver, CO (08/00-12/04)

#### License:

- Licensed Professional Counselors (LPC) in the state of Colorado are regulated by the Colorado Department of Regulatory Agencies. License # 0012229
- <https://www.colorado.gov/dora/licensing/lookup/licenselookup.aspx>

#### Certifications:

- Certified in ASIST (Applied Suicide Intervention Skills Training) 2012

#### Trainings:

- Somatic Experiencing – Beginning Level Participant
- Training in ACT (Acceptance and Commitment Therapy) taught by Tia Henry and Stephanie Hale 2013
- Training in DBT (Dialectical Behavior Therapy) taught by Cassandra Katz 2010

#### Work Experience:

- Erica Cohen, LLC-Courageous Healing Private Practice-Non-Emergent Individual Therapy
- Eating Recovery Center - Milieu Therapist and Float Therapist
- Maple Star Denver - Therapist and Behavior Coach
- Women's Wilderness Institute - Field Intern
- Girls Athletic Leadership School - School Counselor
- Accent On Independence (Previously Brain Injury Support Services) - Independent Living Skills Trainer